



Devon's Beat

2023

5K RUN/WALK/BIKE

Saturday, April 22nd

8 AM

Registration & Breakfast

Foster Hall, 1st Baptist Church

9 AM

Devon's Beat 5K & Dash

6:30 to 10 pm

Silent & Live Auction

Dance & Live Band

6VFW 5925

We've Only Just Begun

Our 10th year was a huge success, raising over \$17,000 and screening 169 kids!

TOTAL KIDS

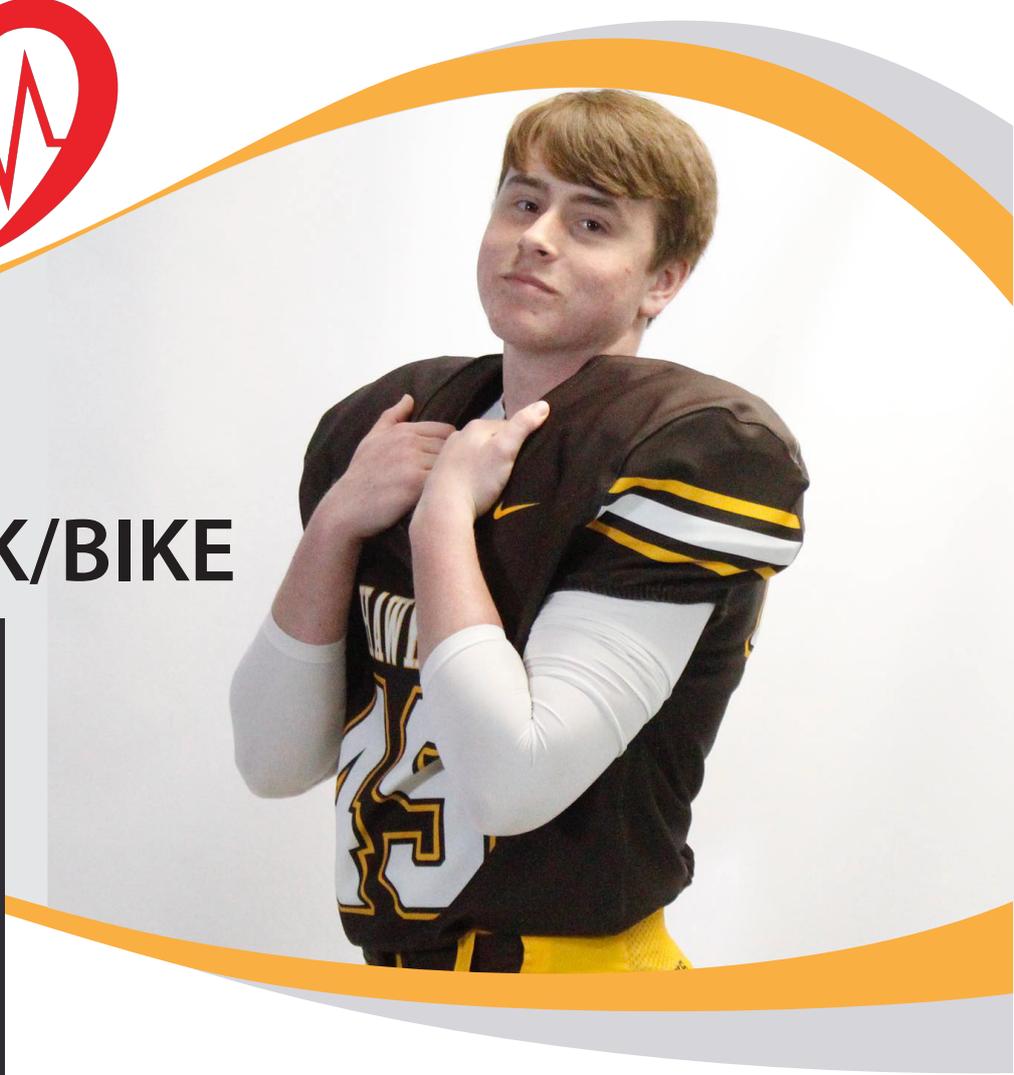
SCREENED NOW

1,296

Proceeds go toward youth heart screenings

QUESTIONS? Call 660-287-2888

Release of Liability: In consideration of the acceptance of my participation in Devon's Beat, I, the undersigned, intend to legally bound hereby waive and release for myself, my heirs, executor, and administrators, any and all rights & claims for damages, demands and actions whatsoever, including negligence against all sponsors, all volunteers and all supporters and those entities, representatives, successors, and assigns, arising out of my participating at their event, including any and all injuries suffered as a result of this event. I certify that I am physically fit and have sufficiently trained for this event.



Devon was 10 years old when he collapsed at school. At first, everyone thought it was from dehydration but that didn't make sense to his mom. If it weren't for his parents insistence, they might never have found out he had Long QT syndrome. His doctor said he was at high risk for sudden cardiac arrest. He was lucky to be alive because most of the time the first warning sign is death.

Fast forward 9 years and Devon is doing great. He's even playing football for Quincy University. Having testing available like My-HeartCheck is essential in uncovering hidden heart defects. Devon's mom now advocates that all kids have their hearts checked and not wait until you get a call from the school nurse.

REGISTRATION OF \$25 INCLUDES T-SHIRT (\$30 IF REGISTERING AFTER APRIL 1)

5K \$25 100 yd dash \$10 BOTH (5k + Dash) \$30

Name \_\_\_\_\_ Age \_\_\_\_\_

address \_\_\_\_\_

email \_\_\_\_\_

phone \_\_\_\_\_

T-Shirt Youth [ ] sm [ ] med [ ] lg Adult [ ] sm [ ] med [ ] lg [ ] xl [ ] xxl [ ] xxxl

Signature \_\_\_\_\_ parent or guardian if under 18 Date \_\_\_\_\_

devonsbeat.com

Drop off: JoAnn's Printing - 530 N. US 65 Hwy OR Mail to: Angela Parrott 16594 Hwy C Lincoln, MO 65338