



2024

5K RUN/WALK/BIKE

Friday, May 17th

Silent & Live Auction
Dance & Live Band
VFW #5925

Saturday, May 18th

Registration & Breakfast
Foster Hall, 1st Baptist Church
8 a.m.
Devon's Beat 5K & Dash
9 a.m.

We've Only Just Begun
Our 11th Year Was A
Huge Success, Raising Over
\$18,000 & Screening 364 Kids!

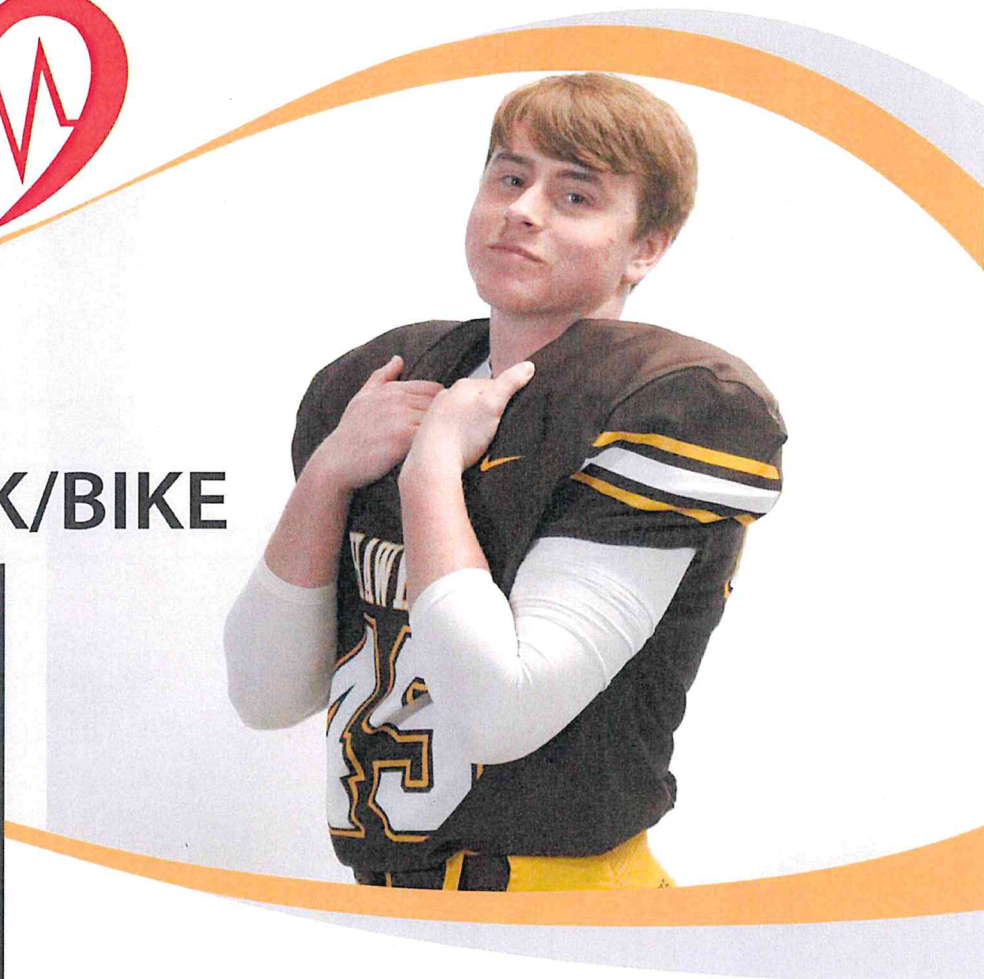
Total Screened Kids
Now 1,660

Proceeds go toward youth
heart screenings

QUESTIONS? Call 660-287-2888

Release of Liability: In consideration of the acceptance of my participation in Devon's Beat, I, the undersigned, intend to legally bound hereby waive and release for myself, my heirs, executor, and administrators, any and all rights & claims for damages, demands and actions whatsoever, including negligence against all sponsors, all volunteers and all supporters and those entities, representatives, successors, and assigns, arising out of my participating at their event, including any and all injuries suffered as a result of this event. I certify that I am physically fit and have sufficiently trained for this event.

devonsbeat.com



Devon was 10 years old when he collapsed at school. At first, everyone thought it was from dehydration but that didn't make sense to his mom. If it weren't for his parents insistence, they might never have found out he had Long QT syndrome. His doctor said he was at high risk for sudden cardiac arrest. He was lucky to be alive because most of the time the first warning sign is death.

Fast forward 10 years and Devon is doing great. He's even playing football for Quincy University. Having testing available like My-HeartCheck is essential in uncovering hidden heart defects. Devon's mom now advocates that all kids have their hearts checked and not wait until you get a call from the school nurse.

Registration of \$25 includes T-Shirt (\$30 if Registering After May 1)

5K \$25 100 yd dash \$10 BOTH (5k + Dash) \$30

Name _____ Age _____

address _____

email _____

phone _____

MALE
 FEMALE

T-Shirt Youth Sm Med Lg.
Adult Sm Med Lg XL XXL XXXL

Tank Top ADDITIONAL \$10
Mens Sm Med Lg XL XXL XXXL
Women's Sm Med Lg XL XXL XXXL

Signature _____ Date _____

Drop off: JoAnn's Printing - 530 N. US 65 Hwy OR
Mail to: Angela Parrott 16594 Hwy C Lincoln, MO 65338